**9/21 County**

**Boys**

1. Atticus Corn 17:52
2. Caleb McDaniel 18:10
3. Jasiah Whitfield 18:18
4. Xavier Steele 18:24
5. Ollie Corn 18:37
6. Cohen Zertuche 18:43
7. Connor Smith 19:34
8. Ben McDaniel 20:08
9. Ivan Vargas 20:30
10. Benji Avila 20:40
11. Daniel Gaddis 20:45
12. Zach Staley 21:57
13. Cameron Corley 22:14
14. Evan Pengelly 22:40
15. Andrew Jacobson 23:41
16. Adondre Holloway 24:11
17. Griffith Johnson 25:07
18. Axel Roblero 25:32
19. Malachi Rushing 26:55
20. Ethan Hammock 27:26

**Girls**

1. Aylin Partida 23:03
2. Alexis Gamel 23:35
3. Jackie Partida 23:51
4. Izabella Lopez 24:27
5. Camryn Clackum 24:51
6. Amelia Abercrombie 26:04
7. Natalia Partida 27:24
8. Sophie McCanham 28:24
9. Jordyn Clackum 28:56
10. Halie Holmes 29:01
11. Kylee Lapier 30:28
12. Abi Biggs 31:10
13. Elizabeth Wallace 31:11
14. Mia Brito 33:21
15. Faith Gathoni 33:40
16. Lily Gamel 34:14
17. Sabrina Fowler 35:55

**Top Improvements 2023 to 2024**

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| Boys | Girls |
| 1. Evan Pengelly 2:21
 | 1. Jackie Partida 7:01 |
| 1. Ivan Vargas 2:03
 | 2. Faith Gathoni 3:54 |
| 1. Caleb McDaniel 2:01
 | 3. Kylee Lapier 3:14 |

Race Thoughts:

1. Varsity girls run the 3rd best average for East at County since I’ve been here. Jackie and Izabella ran through injury and a tough week of training to help the team. Amelia comes through and runs a season best on this course which is huge!!!!
2. Varsity guys, best average on the course ever by 19 seconds! Tough to lose to North when we run well. Caleb and Jasiah have another solid race, it is hard to be this consistent so kudos! Cohen LOVES this course as he runs another season best.
3. JV boys we had a flat day, this is our deepest team ever, but we had an off day. Good note was many runners (led by Evan and Ivan) ran huge improvements from last year.
4. JV girls broke up the medals from North, as they got all 10 last year. Sophie had another improvement place wise on the team, finishing as a top 10 runner on the whole team. Faith and Kylee had big improvements from last year!
5. Fall break is coming, stick to the training. The speed work is coming and the slight bump down in amount as well.
6. Wendy’s invites are being sent out for those that have qualified, we will time trial for girls on Friday morning this week.