**8/17 Hoya 2 Mile**

**Boys**

1. Atticus Corn 10:31
2. Ethan Saravanja 11:07
3. Ollie Corn 11:15
4. Caleb McDaniel 11:24
5. Jasiah Whitfield 11:30
6. Ben McDaniel 11:34
7. Xavier Steele 11:42
8. Connor Smith 11:49
9. Cohen Zertuche 11:49
10. Zach Staley 12:06
11. Adondre Holloway 12:23
12. Lucas Long 12:44
13. Ivan Vargas 12:49
14. Mohamed Jallow 13:03
15. Cameron Corley 13:13
16. Benji Avila 13:19
17. Brock Lawson 13:22
18. Evan Pengelly 14:09
19. Carter Holmes 14:29
20. Andrew Jacobson 14:46
21. Malachi Rushing 15:36
22. Ethan Hammock 16:07
23. Griffith Johnson 16:26

**Girls**

1. Aylin Partida 13:49
2. Jackie Partida 14:50
3. Alexis Gamel 15:01
4. Camryn Clackum 15:55
5. Izabella Lopez 15:56
6. Katie Pate 15:57
7. Natalia Partida 16:41
8. Halie Holmes 17:00
9. Laine Burson 17:06
10. JC Clackum 17:14
11. Amelia Abercrombie 17:22
12. Kylee Lapier 17:50
13. Noelle Banna 17:56
14. Mia Brito 18:18
15. Nicole Gonzalez 18:54
16. Faith Gathoni 21:10
17. France Pimentel 23:43
18. Abigale Massengill 27:01

**Top Improvements Time Trial to Hoya**

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| Boys | Girls |
| 1. Evan Pengelly 1:44 | 1. Abigale Massengill 5:29 |
| 1. Brock Lawson 1:26 | 2. Amelia Abercrombie 2:21 |
| 1. Adondre Holloway 1:13 | 3. Halie Holmes 1:44 |

Race Thoughts:

1. Way to keep the ball rolling from the time trial!
2. New runners did very well improvement wise, keep working every day it will pay off!
3. Boys have 6 more break 12minutes than last year, this led to a top 10 average of 11:29. The top 5 average last year was 11:28!
4. Girls SHOWED OUT! The top 10 average yesterday was over 30 seconds better than last years top 5 average!!!
5. Aylin and Atticus both become the 3rd best ever at Hoya for East Paulding.
6. Boys we closed the gap on North Paulding and Alexander from last year. Let’s not be content with being close, keep working they are within our sights. To catch North we have to move our 2-9 up 15-20seconds that is it. To catch Alexander we need to move that pack up about 5 seconds.
7. Girls we will race as a bigger group next weekend. Let’s make sure we can see each other! Need to close a few gaps, but keep believing in your summer training!
8. 11:35 normally will get a runner 17:45 or better for a 5k that season! Mid 16’s runners for girls have seen under 24 minutes!